LARISSA POPOV, H.B.Sc., N.D.
DOCTOR OF NATUROPATHIC MEDICINE

Healing Hands *Family Chiropractic and Massage Centre*
923 Kingston Road, Toronto, ON M4E 1S6
Clinic Tel: 416-699-6336

BASAL BODY TEMPERATURE CHART

Name: _____ Date: _____

Temperature C																	Temperature F
	38.0															100.	
	37.8															100.	
	37.6															99.7	
	37.4															99.3	
	37.2															99.0	
	37.0															98.6	
	36.8															98.2	
	36.6															97.9	
	36.4															97.5	
	36.2															97.2	
	36.0															96.8	
	35.8															96.4	
	35.6															96.1	
	35.4															95.7	
	35.2															95.4	
	35.0															95.0	

DATE